



Hot Food

<input type="checkbox"/> Mini Frankfurt	\$0.90
<input type="checkbox"/> Steamed Dim Sim	\$0.90
<input type="checkbox"/> Corn on Cob	\$1.00
<input type="checkbox"/> Party Pie	\$1.35
<input type="checkbox"/> Oven Baked Hash Brown	\$1.35
<input type="checkbox"/> Oven Baked Nugget	\$0.85
<input type="checkbox"/> Mini Sausage Roll	\$1.35
<input type="checkbox"/> Chunky Beef Pie	\$3.75
<input type="checkbox"/> Chicken & Vegetable Pie	\$3.75
<input type="checkbox"/> Hot Dog	\$3.75
<input type="checkbox"/> Hot Dog W/Sauce	\$4.10
<input type="checkbox"/> Hot Dog W/Cheese & Sauce	\$4.65
<input type="checkbox"/> Butter Chicken W/Rice	\$5.00
<input type="checkbox"/> Teriyaki Chicken W/Rice	\$5.00
<input type="checkbox"/> Beef Burger W/Lettuce & Tomato	\$4.90
<input type="checkbox"/> Cheese Burger W/Lettuce, Cheese & Tomato Sauce	\$5.30
<input type="checkbox"/> Grilled Chicken Burger W/Lettuce, Cheese, Mayo	\$5.50
<input type="checkbox"/> Veggie Burger W/Lettuce, Tomato, Cheese & Mayo	\$5.50

Snacks

<input type="checkbox"/> Whole Fruit - Banana, Apple, Orange	\$1.00
<input type="checkbox"/> Seasonal Fruit Salad	\$3.50
<input type="checkbox"/> Vanilla Yoghurt	\$2.50
<input type="checkbox"/> Vanilla Yoghurt W/Fresh Mixed Berries & Berry Sauce	\$3.00
<input type="checkbox"/> Fruit Kebab with Drizzled Chocolate Sauce	\$2.50
<input type="checkbox"/> Creamed Rice & Fruit	\$3.50
<input type="checkbox"/> Apple Crumble Custard Pots	\$3.70
<input type="checkbox"/> Jelly Cup	\$2.00
<input type="checkbox"/> Cookie	\$2.00
<input type="checkbox"/> Mixed Berry Muffin	\$2.50
<input type="checkbox"/> Chocolate Brownie	\$3.50
<input type="checkbox"/> Banana Bread	\$2.20
<input type="checkbox"/> Raisin Bread Toasted <i>with or without Butter</i>	\$1.10
<input type="checkbox"/> Boiled Free Range Egg	\$0.80
<input type="checkbox"/> Air Popped Popcorn	\$1.90
<input type="checkbox"/> Veggie Sticks with Hummus	\$1.90
<input type="checkbox"/> Cheese & Crackers	\$3.50

Salads

- Small \$4.80 Large \$5.90
- Greek Salad** - *Cucumber, Olives, Cherry Tomato, Red Onion, Lettuce & Feta with Balsamic Dressing*
- Chicken Salad** - *Lettuce, Cherry Tomatoes, Cucumber, Carrot, Capsicum, Red Onion, Tasty Cheese with Light Caesar Dressing*
- Egg Salad** - *Boiled Egg, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Capsicum, Red Onion, Tasty Cheese, with Herb Mayo*
- Tuna Salad** - *Tuna, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Corn, Tasty Cheese with Whole Egg Mayo*

* We **do not** use nuts or nut products, however there may be traces of nuts and/or nut oil present.

* We **aim** to cater for as many dietary requirements as possible. Please contact me to discuss your specific child's needs as we understand how difficult this can be.

Sandwiches - Build Your Own

STEP 1 - Choose your Bread

- Bread - White, Wholemeal, Multigrain
- Toasted
- Roll or Wrap +\$0.60
- Focaccia or Gluten Free +\$1.35

STEP 2 - Choose your Filling & Dressing

- 1 Filling \$2.90
- 2 Fillings \$3.70
- 3 Fillings \$4.40
- 4 Fillings \$4.90

Protein Fillings - *Ham, Fresh Poached Chicken Mix, Egg, Tuna, Tandoori Chicken, Sweet Chilli Chicken Strip*

Salad Fillings - *Lettuce, Tomato, Cucumber, Carrot, Cheese, Avocado*

Dressings (complimentary) - *Mayonnaise, Mustard, Pickles, Cranberry Sauce, Honey, Vegemite, Sweet Chilli Sauce*

Meal Deal 1

- MEAL DEAL 1** \$6.50
- Sandwich - White, Wholemeal, Multigrain - 2 Fillings
- Cookie or Whole Fruit
- Juice or Water

Meal Deal 2

- MEAL DEAL 2** \$7.00
- 2 x Party Pies or 2 Mini Sausage Rolls
- Popcorn, Whole Fruit or Cookie
- Juice or Water

Drinks

- Juice Box - Apple, Orange, Tropical \$2.60
- Flavoured Milk Box - Strawberry, Chocolate \$2.90
- Plain Milk \$1.90
- Bottled Water \$2.50
- Smoothie - *Banana, Low Fat Milk, Honey & Cinnamon* \$3.30

Daily Specials

- Monday:** Penne Bolognese \$5.00
- Tuesday:** Fried Rice or Vegetarian Fried Rice \$5.00
- Wednesday:** Sushi \$2.60
- Teriyaki Chicken, Carrot and Cucumber*
- Tuna & Mayo Mix, with Spring Onion and Avocado*
- Vegetarian - Cucumber, Carrot, Avocado, Mayo*
- Thursday:** Macaroni and Cheese \$5.00
- Friday:** Homemade Pizza \$5.00

Hawaiian:

Napolitano Sauce, Shredded Ham, Pineapple, Mozzarella

Margarita:

Napolitano Sauce, Mozzarella, Italian Herbs

BBQ Chicken:

Napolitano Sauce, Shredded Ham, Pineapple, Chicken and BBQ Sauce, Mozzarella

Vegetarian:

Napolitano Sauce, Mushroom, Capsicum, Pineapple, Corn, Mozzarella

BALANCED LIVING CATERING LOVE
TO HELP OUR COMMUNITY

5% ————— **made with love**

OF ALL SALES WILL BE DONATED BACK TO HELP RAISE MONEY FOR YOUR SCHOOL!

